

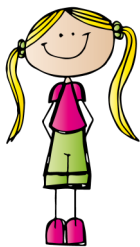


Benefits of Telehealth for Pediatric Patients

Parents have reported satisfaction with pediatric telehealth⁴



A systematic review of eleven randomized controlled trials found that parents' quality of life improved after incorporating telehealth behavioral therapy. Parents also reported satisfaction with asthma education and medication adherence as well.



Improves access to specialized healthcare delivery in rural areas¹

Many rural locations may not have pediatric subspecialties such as dermatology, psychiatry, endocrinology and cardiology. Lack of specialists can often result in putting off specialized medical care until issues become emergent, resulting in higher rates of emergency department use².



Reduces the amount of time parents or guardians need to take off of work for pediatric appointments¹

Utilizing telehealth for pediatric visits omits the travel requirement not only for the pediatric patient, but also for their caregiver. This ultimately reduces absences from school for the child, time off of work for the caregiver, and avoids of travel costs.



Kids may feel more comfortable receiving medical care at home³

Eliminating the need to physically be in a clinic may reduce anxiety and fear among children.

Telehealth visits may give the provider more insight about the patient's home life³

A glimpse at the patient's home environment could be incredibly beneficial, especially in patients with allergies or asthma.

For other Telehealth Snippets go to: www.vrha.org/rhcs Summit

References

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