

RECOVERY ALLY TRAINING

BECOME A
RECOVERY
ALLY



January 26th

1:00-4:00pm

Sponsored by the Northwestern Prevention Collaborative.

Recovery Ally Programs are trainings that are designed to increase a community's recovery capital, decrease stigma and grow intervention skills. This training is a 3 hour training developed at Virginia Commonwealth University to train faculty and staff to become Recovery Allies. Individual modules include: Basic Science, What does an Ally Do, Racial Justice and Recovery, Philosophies of Care & Pathways to Recovery, Families, and Language.

This training is very interactive and is meant to provide a great starting point to supporting people struggling with substance use disorders.

Audience: All are welcome. This training is a very helpful primer as a family member, lay person, friend, employer, health care provider etc. For people with limited exposure to treatment or recovery, it can provide some great starting points. For professionals or people with a great deal of lived experience, it will provide a set of slides, tools and approaches that may be helpful with clients or family members or may provide an easy way to train community members to be part of the solution. Because the training is conversation driven, professionals can often be particularly helpful to other participants during the training.

**Virtual
Register here
[tinyurl.com/
y6aodsyn](https://tinyurl.com/y6aodsyn)**



Tom Bannard, CADC, MBA, is the Program Coordinator for Rams in Recovery at Virginia Commonwealth University and a graduate of University of Virginia. VCU's program has grown rapidly in the past two years with more than 60 students members, recovery housing, a recovery clubhouse open 7 days a week, 14 weekly recovery groups on campus, and a Family Education Program. Tom is passionate about changing the way we treat substance use and firmly believes that we must improve our systems of care by focusing on long-term recovery supports, allowing easier access to treatment and recovery resources, educating and supporting family members, and reducing stigma around substance misuse.



Rev. Jan M. Brown, MA, CPRSS is the Founding/Executive Director of SpiritWorks Foundation Center for the Soul. Jan is a person in long term recovery and is an ordained Deacon in the Episcopal Church. Jan received her Master of Addiction Science Degree from the International Programme on Addiction Studies at VCU. Jan is a sought after speaker on topics of recovery-oriented systems of care, recovery support services and recovery management. Jan serves as the Chairperson of the Board for Faces and Voices of Recovery, in addition to many other local and national leadership roles.