MEDICAID EXPANSION: WHAT RURAL HEALTH CLINICS NEED TO KNOW

PRESENTATION TO 2018 VIRGINIA RURAL COLLABORATORS CONFERENCE
Overview of Medicaid Expansion: Covering More Low-Income Virginia Adults

• The rules have changed. More Virginians will be eligible for coverage **beginning January 1, 2019.**
  • Many have applied for Medicaid in the past, but were denied

• Up to 400,000 more Virginia adults will enroll in quality, low- and no-cost health coverage

• People working in retail, construction, childcare, landscaping, food service or other jobs that do not offer health insurance may be eligible
Who Qualifies for Virginia Medicaid Now?

Not all low-income Virginians are eligible

- **Children 0-18 (family of 3)**
  - 205% FPL ($42,599)

- **Pregnant Women (family of 3)**
  - 205% FPL ($42,599)

- **Person With Disability**
  - 80% FPL ($9,712)

- **Parents (Family of 3)**
  - 33% FPL ($6,924)

- **Childless Adults**
  - Not Eligible
Who Qualifies for Virginia Medicaid Under Expansion?

Medicaid expansion will provide quality, low- and no-cost coverage to up to 400,000 Virginians

- Adults ages 19 – 64, not Medicare eligible
- Income from 0% to 138% Federal Poverty Level

*Percent income may vary by locality*
Number of Uninsured with Family Income at 138% Federal Poverty Level or Lower

Number of adults ages 19-64 who are uninsured with family incomes less than 138% FPL

Source: American Community Survey 5 year average for Virginia, 2012-16
Percent of Adult Uninsured Admissions Related to Substance Use Disorders

Source: Virginia Health Information Patient Level Data 2016
### Substance Use Disorder (SUD) and Opioid Use Disorder (OUD) Related Inpatient Visits

<table>
<thead>
<tr>
<th></th>
<th>Uninsured</th>
<th>Medicaid</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• 35.8% of all uninsured inpatient visits are related to SUD</td>
<td>• 17.6% of all Medicaid inpatient visits are related to SUD</td>
</tr>
<tr>
<td></td>
<td>▪ Total of 17,440 visits</td>
<td>▪ Total of 12,170 visits</td>
</tr>
<tr>
<td></td>
<td>• 7.7% of all uninsured inpatient visits are related to OUD</td>
<td>• 4.9% of all Medicaid inpatient visits are related to OUD</td>
</tr>
<tr>
<td></td>
<td>▪ Total of 3,724 visits</td>
<td>▪ Total of 3,391 visits</td>
</tr>
</tbody>
</table>

New Adult Coverage Uses Current Health Plans

Coverage will be provided for most individuals through the Medallion 4.0 and Commonwealth Coordinated Care Plus (CCC Plus) managed care programs.

Medicaid’s six current health plans will serve the new adult members.
What Services are Covered?

New enrollees will receive coverage for all Medicaid covered services including evidence-based, preventive services

- Doctor, hospital and emergency services, including primary and specialty care
- Prescription drugs
- Laboratory and X-ray services
- Maternity and newborn care
- Home health services
- Behavioral health services, including addiction & recovery treatment services (ARTS)
- Rehabilitative services, including physical, occupational and speech therapies
- Family planning services
- Medical equipment and supplies
- Preventive and wellness services, including annual wellness exams, immunizations, smoking cessation and nutritional counseling
- Managed Care Organization case management/care coordination services
- Transportation to Medicaid-covered services when no alternatives are available
- And more
How to Apply for Medicaid Coverage

1. Cover Virginia Call Center
   1-855-242-8282
   (TDD: 1-888-221-1590)

2. VDSS Enterprise Call Center
   1-855-635-4370

3. Local Department of Social Services (LDSS)

4. The “Marketplace”
   (healthcare.gov)

5. Online Application Portal
   (Common Help)
   commonhelp.virginia.gov
**Cover Virginia Website: [www.coverva.org](http://www.coverva.org)**

**Coming Soon: New Health Coverage for Adults**

Beginning January 1, 2019, more adults living in Virginia will have access to quality low cost health coverage. Eligibility is based on income, with a single adult making up to $16,754, or a family of three making up to $28,677, qualifying for coverage. [Get more information here.](http://www.coverva.org)

**Welcome to Cover Virginia!**

On this website you can learn about Virginia’s Medicaid and FAMIS programs for children, pregnant women and adults. You can also get information about health insurance options available through the Federal Marketplace. You can apply online or search for someone who can assist you with your application.

To begin, use the screening tool on the Eligibility page to get connected to the right health care coverage for you and your family.

**Health Insurance Marketplace**

- Eligibility
- Apply
- Renew
Cover Virginia Website: www.coverva.org
New Adult Coverage Webpage

Virginia's New Health Coverage for Adults

Beginning January 1, 2019, more adults in Virginia will have access to quality, low-cost health insurance. Thousands of Virginians aged 19-64 will soon be able to get the health care they need so they don’t have to worry about getting sick or having an accident.

Who Qualifies for Virginia Medicaid?

<table>
<thead>
<tr>
<th>Who Qualifies</th>
<th>Childless Adult</th>
<th>Parent (family of 3)</th>
<th>Person with Disability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currently:</td>
<td>Not Eligible</td>
<td>Eligible with annual income at or below $6,900</td>
<td>Eligible with annual income at or below $9,700</td>
</tr>
<tr>
<td>Beginning 2019:</td>
<td>Eligible with annual income at or below $16,754</td>
<td>Eligible with annual income at or below $28,677</td>
<td>Eligible with annual income at or below $16,754</td>
</tr>
</tbody>
</table>

You may be eligible if you make less than:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Yearly*</th>
<th>Monthly*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$16,754</td>
<td>$1,396</td>
</tr>
<tr>
<td>2</td>
<td>$22,715</td>
<td>$1,894</td>
</tr>
<tr>
<td>3</td>
<td>$28,677</td>
<td>$2,391</td>
</tr>
<tr>
<td>4</td>
<td>$34,638</td>
<td>$2,887</td>
</tr>
<tr>
<td>5</td>
<td>$40,600</td>
<td>$3,384</td>
</tr>
<tr>
<td>6</td>
<td>$46,562</td>
<td>$3,881</td>
</tr>
<tr>
<td>7</td>
<td>$52,523</td>
<td>$4,378</td>
</tr>
<tr>
<td>8</td>
<td>$58,485</td>
<td>$4,875</td>
</tr>
</tbody>
</table>

Do you qualify for health benefits? Check out the Eligibility Screening Tool to see if you may be eligible.*

*This tool is only for the purpose of estimating eligibility. Actual eligibility cannot be determined until the time when you apply.

HELPFUL INFORMATION

- Frequently Asked Questions (Spanish)
- Coverage for Adults Brochure (Spanish)
- Coverage for Adults Poster (Spanish)
- Coverage for Adults One-Pager (Spanish)

RESOURCES FOR ADVOCATES

Please visit the Advocates page for helpful resources that can assist you with outreach.

Some adults may already be eligible for other Medicaid programs that offer limited benefits. Visit the Eligibility page to see if you qualify. If you do qualify for a limited benefit program now, you may still be eligible for the new Medicaid coverage with full benefits that begins on January 1, 2019.
Engaging More Providers Through Improvements in the Medicaid Program

- Up to 400,000 Virginians may qualify for expanded Medicaid coverage, but coverage does not yet mean *access* to health care...we need you!

- New reforms, such as Common Core Formulary, will ease administrative burden

- New statewide resources to increase collaboration and address needs of complex patients
  - Addiction and Recovery Treatment Services (ARTS) program
  - Emergency Department Care Coordination (EDCC)
The Common Core Formulary (CCF) is a list of “preferred” drugs on DMAS’ Preferred Drug List (PDL)

ALL Medicaid health plans are required to cover all drugs on the CCF

The CCF includes 90 common drug classes

Health plans cannot require additional prior authorizations (PAs) or added restrictions on CCF drugs

Advantages for providers include increased continuity of care for patients and decreased administrative burdens for prescribers
Visit the Common Core Formulary/DMAS PDL link: https://www.virginiamedicaidpharmacyservices.com/

Please email questions regarding the Common Core formulary to commoncoreformulary@dmas.virginia.gov
Urgent Need to Address Virginia’s Opioid Crisis
Addiction and Recovery Treatment Services (ARTS)  
Transforming the Delivery System of Medicaid SUD Services

- All ARTS services are covered by managed care plans
- Magellan continues to cover community-based substance use disorder treatment services for fee-for-service members

ARTS offers a fully integrated physical and behavioral health continuum of care
Increases in Addiction Providers Due to ARTS

Over 400 new Addiction Treatment Provider Sites in Medicaid

<table>
<thead>
<tr>
<th>Addiction Provider Type</th>
<th># of Providers before ARTS</th>
<th># of Providers after ARTS</th>
<th>% Increase in Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Detox (ASAM 4.0)</td>
<td>Unknown</td>
<td>103</td>
<td>NEW</td>
</tr>
<tr>
<td>Residential Treatment (ASAM 3.1, 3.3, 3.5, 3.7)</td>
<td>4</td>
<td>94</td>
<td>↑ 2250%</td>
</tr>
<tr>
<td>Partial Hospitalization Program (ASAM 2.5)</td>
<td>0</td>
<td>16</td>
<td>NEW</td>
</tr>
<tr>
<td>Intensive Outpatient Program (ASAM 2.1)</td>
<td>49</td>
<td>136</td>
<td>↑ 178%</td>
</tr>
<tr>
<td>Opioid Treatment Program</td>
<td>6</td>
<td>39</td>
<td>↑ 550%</td>
</tr>
<tr>
<td>Preferred Office-Based Opioid Treatment Provider</td>
<td>0</td>
<td>97</td>
<td>NEW</td>
</tr>
</tbody>
</table>
Preferred Office-Based Opioid Treatment Providers

**Required Core Team Members**

- Member
- Buprenorphine-waivered practitioner (physician, NP or PA)
- Licensed mental health professionals (e.g., LCSW, LPC, licensed clinical psychologist, etc.)
- Nurse

**Optional Team Members**

- Pharmacists
- Peer Recovery Specialists
- Substance Use Care Coordination
  - This can be designated team member whose only function is to perform care coordination or a team member such as the nurse or LCSW who performs dual roles in the clinic.
## Payment Model for Preferred OBOTs

<table>
<thead>
<tr>
<th>Code</th>
<th>Service</th>
<th>Who Can Bill?</th>
<th>Unit</th>
<th>Rate/Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>H0014</td>
<td>Medication Assisted Treatment (MAT) induction</td>
<td>Buprenorphine Waivered Practitioner</td>
<td>Per encounter</td>
<td>$140</td>
</tr>
<tr>
<td>H0004</td>
<td>Opioid Treatment – individual and family therapy</td>
<td>Credentialed Addiction Treatment Professional</td>
<td>1 unit = 15 min</td>
<td>$24</td>
</tr>
<tr>
<td>H0005</td>
<td>Opioid Treatment – group therapy</td>
<td>Credentialed Addiction Treatment Professional</td>
<td>1 unit = 15 min (per patient)</td>
<td>$7.25</td>
</tr>
<tr>
<td>G9012</td>
<td>Substance Use Care Coordination</td>
<td>Buprenorphine Waivered Practitioner or Credentialed Addiction Treatment Professional</td>
<td>1 unit = 1 month</td>
<td>$243</td>
</tr>
</tbody>
</table>
ARTS Resources Available on the DMAS ARTS Website

Visit the DMAS ARTS website to locate providers with Google Maps: http://www.dmas.virginia.gov/#/arts

Please email questions regarding the ARTS program to sud@dmas.virginia.gov
By June 30, 2018

**Phase 1:**
ALL emergency departments & Medicaid Managed Care Organizations

Starting July 1, 2018

**Providers** - primary care, case managers, long-term care, Community Service Boards, Behavioral Health, Federally Qualified Health Centers, specialty care, etc.

By June 30, 2019

**Phase 2:**
Commercial, Medicare and State Employee Health Plans
ENROLLMENT PATHWAYS
OVERVIEW
New Health Coverage for Virginia Adults

Enrollment Pathways

The new adult population will enroll in coverage through a variety of enrollment pathways, including streamlined enrollment processes.

<table>
<thead>
<tr>
<th>Pathway Description</th>
<th>Eligibility Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auto-Transition to Full Benefit Medicaid</td>
<td>GAP (Governor’s Access Plan) Adults 21 to 64 years of age with Severe Mental Illness (SMI)</td>
</tr>
<tr>
<td>Limited Benefit Programs</td>
<td>Plan First Family planning services ≤ 138% FPL</td>
</tr>
<tr>
<td>Express Application</td>
<td>SNAP beneficiaries Supplemental Nutrition Assistance Program</td>
</tr>
<tr>
<td>Transition from HealthCare.gov to Virginia Medicaid</td>
<td>Parents of Child(ren) enrolled in Medicaid</td>
</tr>
<tr>
<td>General Public</td>
<td>Individuals currently enrolled in a qualified health plan (QHP) from the Federally-facilitated Exchange (FFE), also known as the Marketplace or HealthCare.gov</td>
</tr>
<tr>
<td></td>
<td>Newly eligible adults not captured in Streamlined Enrollment groups</td>
</tr>
</tbody>
</table>
## Summary of Streamlined Enrollment Letters

<table>
<thead>
<tr>
<th>Group</th>
<th>Letter</th>
<th>Action Needed to Expedite Enrollment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>GAP Members</strong></td>
<td>![Letter Icon]</td>
<td><strong>Auto-Transition to Full Benefit Medicaid</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>No action needed to enroll in full Medicaid benefits</td>
</tr>
<tr>
<td><strong>Plan First Members</strong></td>
<td>![Letter Icon]</td>
<td><strong>Auto-Transition to Full Benefit Medicaid</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>No action needed to enroll in full Medicaid benefits</td>
</tr>
<tr>
<td><strong>SNAP Beneficiaries</strong></td>
<td>![Letter Icon]</td>
<td><strong>Submit Express Application</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Submit Express Application (via phone or mail) by 01/04/19 for expedited enrollment</td>
</tr>
<tr>
<td><strong>Parents of Enrolled Children</strong></td>
<td>![Letter Icon]</td>
<td><strong>Submit Express Application</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Submit Express Application (via phone or mail) by 01/04/19 for expedited enrollment</td>
</tr>
<tr>
<td><strong>Marketplace Plan Member</strong></td>
<td>![Letter Icon]</td>
<td><strong>Transition from HealthCare.gov to Virginia Medicaid</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Log into your healthcare.gov account, then update and submit your 2019 application between Nov. 1 and Dec. 15</td>
</tr>
</tbody>
</table>
Applicant receives notification by mail if enrolled in new adult coverage.

**If enrolled by 12/18, members will receive their Medicaid ID and Managed care health plan ID before January 1, 2019.

**Enrollment Pathways**

**Enrollment Communications Timeline**

- **9/10/2018 & 9/12/2018**
  - GAP – First GAP Heads Up Letter sent to inform current GAP members that GAP will be closing

- **10/25/2018**
  - Plan First Heads Up Letter

- **10/29/2018**
  - SNAP & Parents - Express Application mailed

- **11/15/2018**
  - Second GAP Heads Up Letter sent

- **01/01/2019**
  - Expanded Coverage Begins for the newly eligible adults

- **01/04/2019**
  - Last day to submit SNAP & Parents express application

- **SEPTEMBER**
  - Mid-December**
    - Medicaid ID card mailed to those that received notice of eligibility for the new adult coverage

- **OCTOBER**
  - **Late-December**
    - First mailing: Managed care health plan Assignment Letter mailed from DMAS.
    - Second mailing: Managed care health plan ID Card & Welcome Packet mailed (from managed care health plans).

- **NOVEMBER**
  - Marketplace - Open Enrollment 11/1 - 12/15

- **DECEMBER**
  - **Mid-December**
    - Medicaid ID card mailed to those that received notice of eligibility for the new adult coverage

**SEPTEMBER, OCTOBER, NOVEMBER, DECEMBER, JANUARY**

Revised 9-4-18; subject to additional changes
Population: Newly eligible adults not captured in Streamlined Enrollment groups

HOW TO APPLY FOR COVERAGE

PHONE
Cover Virginia Call Center: 1-855-221-1590 (TDD: 1-888-221-1590)
VDSS Enterprise Call Center: 1-855-635-4370

ONLINE
Common Help: www.commonhelp.virginia.gov
The Marketplace: www.healthcare.gov

IN PERSON
Visit your local Department of Social Services
Find your nearest local department of social services by visiting:
http://www.dss.virginia.gov/localagency/index.cgi
Help Support the Streamlined Enrollment Process

Encourage members to look out for the YELLOW envelope mailing from DMAS or Virginia Medicaid

Help members complete and submit Express Applications by January 4th through any of these methods:

- Mail
- Call Cover Virginia: 1-855-242-8282 (TDD: 1-888-221-1590)
- Visit CommonHelp online: [https://commonhelp.virginia.gov/](https://commonhelp.virginia.gov/)

What if an individual believes he/she received a letter, but may have lost it?

- **CALL COVER VIRGINIA (1-855-242-8282) to verify**
- Recipients of Express Applications (i.e. SNAP & Parents of Child(ren) Enrolled in Medicaid) are selected based on eligibility requirements
WHAT'S NEXT?

NEXT STEPS
Regular Updates

Visit the Cover VA Website at www.coverva.org or call 1-855-242-8282 for information and regular updates

Coming Soon: New Health Coverage for Adults

Beginning January 1, 2019, more adults living in Virginia will have access to quality, low-cost health coverage. Get more information at coverva.org
Sign up on the Cover Virginia Website to Receive Updates!

www.coverva.org